

Town of South Bethany Calendar of Events Celebrating 50 Years 1969—2019

Boot Camp on the Beach
N. 6th St. and the Beach
7:30 a.m. to 8:30 a.m.
Saturday, August 31
Saturday, September 7
Saturday, September 14

Special Labor Day Class Monday, September 2 Holiday Master Boot Camp On the Beach at N. 6th St. 7:30 a.m. to 8:30 a.m.

Instructors: Mel and Kim Royster Fee: \$10 per person per class

Yoga on the Beach S. 3rd St. and the Beach 8 a.m.

Special Holiday Classes Saturday, August 31 Sunday, September 1 Monday, September 2

End of Season Classes
Saturday, Sunday, & Monday
September 7 - 9
&
September 14 - 16

Instructor: Debbie Finger Donation for a Fee

Fitness Area Fitness Class

Location: Fitness Area Adjacent to Town Hall Fridays at 7:30 a.m.

Through September

Instructors: Mel and Kim Royster Fee: \$10 Per Person Per Class

Canceled: Fall Picnic on the Beach